



# 2007 Statistics

Individual Times

Meet Summaries

Individual Honors

NCAA Division III Mideast Region History



## 2007 JUNIATA COLLEGE CROSS COUNTRY PERFORMANCE LIST

Sorted by Season Average time

	31-Aug	08-Sep	15-Sep	22-Sep	28-Sep	06-Oct	13-Oct	27-Oct	09-Nov				
	Altoona	Hanover	Gettysbg	Home	Lehigh	Goucher	CMU	Landmark	Regional	Total	Total	Season	Season
<u>Women</u>	<u>4000m</u>	<u>5000m</u>	<u>6000m</u>	<u>5000m</u>	<u>6000m</u>	<u>6000m</u>	<u>5000m</u>	<u>6000m</u>	<u>6000m</u>	<u>Time</u>	<u>Dist. (km)</u>	<u>Average</u>	<u>Best</u>
Rupprecht, Laura	16:21.9	20:02.2	24:14.4	21:04.7	24:03.0	24:55.8	19:32.0	24:42.0	22:44.0	3:17:40	49.0	24:12.2	22:44.0
Cyphert, Aubrey	16:25.3	20:38.3	25:11.0	21:02.1	24:55.0		20:49.9	25:49.0	23:43.0	2:58:34	43.0	24:54.9	23:43.0
Jones, Meghan	16:30.2	20:42.7	24:41.9	21:34.5	24:34.0	25:27.3	20:25.5	25:53.0	23:45.0	3:23:34	49.0	24:55.6	23:45.0
McQuillan, Megan	16:28.2	21:19.1	24:38.9	21:14.9	24:54.0		20:14.6	26:03.0	24:00.0	2:58:53	43.0	24:57.6	24:00.0
Peterson, Megan	18:13.7	22:50.7	26:45.8	23:24.8	26:27.0	27:34.3	21:35.6	26:50.0	24:35.0	3:38:17	49.0	26:43.7	24:35.0
Norton, Lindsay	19:30.4	23:17.5	29:35.3	24:24.2	27:39.0	29:11.9	23:13.6	29:00.0	26:45.0	3:52:37	49.0	28:29.0	26:45.0
Everett, Brittany	20:35.2		29:21.8	24:01.1	28:19.0		23:52.1	29:55.0	27:07.0	3:03:11	38.0	28:55.5	27:07.0
<b>Top-7 Average</b>	<b>17:24.8</b>	<b>21:53.7</b>	<b>26:09.4</b>	<b>22:23.8</b>	<b>25:49.1</b>	<b>28:21.6</b>	<b>21:19.8</b>	<b>26:53.1</b>	<b>24:39.9</b>	<b>3:18:58</b>	<b>45.7</b>	<b>26:06.9</b>	<b>24:39.9</b>
Linde, Elizabeth	18:23.8	24:25.5	28:11.8	25:12.4	28:33.0	29:53.8	23:27.6	30:01.0		3:28:09	43.0	29:02.6	28:11.8
Wakabayashi, Anne	19:51.0	25:25.5	30:09.1	25:53.8	28:12.0	29:57.7	23:36.1	29:56.0		3:33:01	43.0	29:43.4	28:12.0
Fricke, Joanna	19:21.8	24:57.1	29:27.4	25:46.7	30:38.0	31:30.4	24:26.8	31:00.0		3:37:08	43.0	30:17.9	29:27.4
Campanaro, Pamela	19:52.0		31:27.6			32:54.5	25:16.5	29:36.0		2:19:07	27.0	30:54.8	29:36.0
Magerowski, Kerri	20:22.8		30:57.0	28:51.8	29:40.0	31:53.0		32:21.0		2:54:06	33.0	31:39.2	29:40.0
Fox, Jessica	21:32.6		32:07.2	29:48.8	31:51.0	33:08.2	25:52.1	33:11.0		3:27:31	38.0	32:45.9	31:51.0
Stormont, Caitlin	21:31.1		31:55.0	28:37.9	31:22.0	34:05.1		35:37.0		3:03:08	33.0	33:17.8	31:22.0

	31-Aug	08-Sep	15-Sep	22-Sep	28-Sep	06-Oct	13-Oct	27-Oct	09-Nov				
	Altoona	Hanover	Gettysbg	Home	Lehigh	Goucher	CMU	Landmark	Regional	Total	Total	Season	Season
<u>Men</u>	<u>5000m</u>	<u>8000m</u>	<u>8000m</u>	<u>7500m</u>	<u>8000m</u>	<u>8000m</u>	<u>8000m</u>	<u>8000m</u>	<u>8000m</u>	<u>Time</u>	<u>Dist. (km)</u>	<u>Average</u>	<u>Best</u>
Bailey, Matthew	16:27.9	27:29.0	27:07.6	26:08.5	27:17.0		26:48.7	28:14.0	26:37.0	3:26:10	60.5	27:15.7	26:37.0
Williams, Samuel	16:51.5	28:04.2	27:31.2	26:49.3	26:32.0		27:38.3	28:49.0	26:26.0	3:28:42	60.5	27:35.7	26:26.0
Hoover, Eric	17:28.6	29:22.4	27:48.4	27:38.5	28:47.0	29:03.4		28:28.0	26:35.0	3:35:11	60.5	28:27.3	26:35.0
Hoover, Jason	17:31.9	29:15.9	27:51.0	28:05.4	28:57.0	29:46.2	27:46.6	28:50.0	26:41.0	4:04:45	68.5	28:35.0	26:41.0
Rudolph, Richard	18:54.5		29:17.8	29:07.8	28:54.0	29:34.2	28:20.8	30:14.0		3:14:23	52.5	29:37.2	28:20.8
Schmitt, Steven	17:37.4	30:52.1	28:29.1	28:44.4	30:01.0	31:12.9	28:29.0	30:17.0	28:02.0	4:13:45	68.5	29:38.1	28:02.0
Rumery, Shawn			28:42.5	28:26.5		29:37.2	29:04.1	31:10.0		2:27:00	39.5	29:46.4	28:42.5
<b>Top-7 Average</b>	<b>17:28.1</b>	<b>29:24.4</b>	<b>28:03.6</b>	<b>27:51.5</b>	<b>28:28.9</b>	<b>30:14.9</b>	<b>28:08.1</b>	<b>29:19.6</b>	<b>27:23.7</b>	<b>3:29:59</b>	<b>58.6</b>	<b>28:38.8</b>	<b>27:23.7</b>
Wagner, Matthew	18:09.9	30:35.3	29:25.5	30:36.8	29:17.0		28:49.2	30:25.0	29:04.0	3:46:23	60.5	29:56.1	28:49.2
Conrad, Ryan	18:09.6	30:11.9	28:55.2		29:38.0	31:48.0				2:18:43	37.0	29:59.5	28:55.2
Pfadenhauer, Jonathan			30:13.4	29:15.7	31:35.0	30:42.4		30:53.0	28:21.0	3:01:00	47.5	30:29.1	28:21.0
Donahue, Kevin	18:48.6	31:44.9	30:18.8	29:52.5	31:02.0	33:02.3	30:34.6	32:08.0		3:57:32	60.5	31:24.5	30:18.8

# 2007 JUNIATA COLLEGE CROSS COUNTRY

## WOMEN

Date	Meet	Result	Top-5
31-Aug	Penn State Altoona Blue & White Classic, Hollidaysburg, PA	2 / 5	Rupprecht, Cyphert, McQuillan, Jones, Peterson
8-Sep	Madison Kiwanis Invitational, Hanover, IN	4 / 10	Rupprecht, Cyphert, Jones, McQuillan, Peterson
15-Sep	Gettysburg / Messiah / Juniata Tri-Meet, Gettysburg, PA	3 / 3	Rupprecht, McQuillan, Jones, Cyphert, Peterson
22-Sep	Juniata College Eagle Invitational, Altoona, PA	5 / 8	Cyphert, Rupprecht, McQuillan, Jones, Peterson
28-Sep	Paul Short Invitational, Bethlehem, PA	14 / 33	Rupprecht, Jones, McQuillan, Cyphert, Peterson
6-Oct	Mid-Atlantic Cross Country Classic, Baltimore, MD	7 / 9	Rupprecht, Jones, Peterson, Norton, Linde
13-Oct	Carnegie Mellon University Invitational, Pittsburgh, PA	8 / 20	Rupprecht, McQuillan, Jones, Cyphert, Peterson
27-Oct	Landmark Conference Championship, Baltimore, MD	1 / 8	Rupprecht, Cyphert, Jones, McQuillan, Peterson
10-Nov	NCAA DIII Mideast Regional Championship, Bethlehem, PA	11 / 37	Rupprecht, Cyphert, Jones, McQuillan, Peterson

## MEN

Date	Meet	Result	Top-5
31-Aug	Penn State Altoona Blue & White Classic, Hollidaysburg, PA	2 / 5	Bailey, Williams, E Hoover, J Hoover, Schmitt
8-Sep	Madison Kiwanis Invitational, Hanover, IN	6 / 12	Bailey, Williams, J Hoover, E Hoover, Conrad
15-Sep	Gettysburg / Messiah / Juniata Tri-Meet, Gettysburg, PA	3 / 3	Bailey, Williams, E Hoover, J Hoover, Schmitt
22-Sep	Juniata College Eagle Invitational, Altoona, PA	5 / 11	Bailey, Williams, E Hoover, J Hoover, Rumery
28-Sep	Paul Short Invitational, Bethlehem, PA	22 / 39	Williams, Bailey, E Hoover, Rudolph, J Hoover
6-Oct	Mid-Atlantic Cross Country Classic, Baltimore, MD	2 / 10	E Hoover, Rudolph, Rumery, J Hoover, Pfadenhauer
13-Oct	Carnegie Mellon University Invitational, Pittsburgh, PA	11 / 23	Bailey, Williams, J Hoover, Rudolph, Schmitt
27-Oct	Landmark Conference Championship, Baltimore, MD	2 / 8	Bailey, E Hoover, Williams, J Hoover, Rudolph
10-Nov	NCAA DIII Mideast Regional Championship, Bethlehem, PA	12 / 41	Williams, E Hoover, Bailey, J Hoover, Schmitt

# JUNIATA COLLEGE CROSS COUNTRY

## 2007 Individual Medalists

### WOMEN

#### Laura Rupprecht, So

Penn State Altoona Blue-White Classic, 8/31/07, 4th  
Hanover Madison Kiwanis Invitational, 9/8/07, 8th  
Juniata College Eagle Invitational, 9/22/07, 13th  
Goucher Mid-Atlantic Classic, 10/6/07, 3rd  
Carnegie Mellon Invitational, 10/13/07, 13th  
Landmark Conference Championship, 10/27/07, 3rd  
NCAA Mideast Regional Championship, 11/10/07, 25th

#### Aubrey Cyphert, Jr

Penn State Altoona Blue-White Classic, 8/31/07, 5th  
Juniata College Eagle Invitational, 9/22/07, 11th  
Landmark Conference Championship, 10/27/07, 11th

#### Meghan Jones, Jr

Goucher Mid-Atlantic Classic, 10/6/07, 8th  
Landmark Conference Championship, 10/27/07, 13th

### MEN

#### Matthew Bailey, So

Penn State Altoona Blue-White Classic, 8/31/07, 2nd  
Hanover Madison Kiwanis Invitational, 9/8/07, 10th  
Juniata College Eagle Invitational, 9/22/07, 9th  
Landmark Conference Championship, 10/27/07, 3rd

#### Samuel Williams, So

Penn State Altoona Blue-White Classic, 8/31/07, 5th  
Lehigh Brooks Paul Short Invitational, 9/28/07, 19th  
Landmark Conference Championship, 10/27/07, 9th

#### Eric Hoover, Sr

Goucher Mid-Atlantic Classic, 10/6/07, 9th  
Landmark Conference Championship, 10/27/07, 5th

#### Jason Hoover, Sr

Landmark Conference Championship, 10/27/07, 10th

## LANDMARK CONFERENCE SECOND TEAM

Aubrey Cyphert, Jr  
Meghan Jones, Jr

Samuel Williams, So  
Jason Hoover, Sr

## LANDMARK CONFERENCE FIRST TEAM

Laura Rupprecht, So

Matthew Bailey, So  
Eric Hoover, Sr

## NCAA DIVISION III MIDEAST ALL-REGION TEAM

Laura Rupprecht, So

**Juniata College Cross Country  
NCAA Division III Mideast Region History**

<b>Year</b>	<b>Women's place</b>	<b>Women's score</b>	<b>Top Individual</b>
1995	21	624	
1996	12	312	
1997	10	307	
1998	24	698	
1999			
2000	20	556	
2001	25	689	
2002	22	612	Palmer, Michelle - 68
2003	14	435	Glunt, Katey - 41
2004	16	439	Glunt, Katey - 34
2005	9	297	Glunt, Katey - 23
2006	13	413	Amato, Elena - 25
2007	11	352	Rupprecht, Laura - 25

<b>Year</b>	<b>Men's place</b>	<b>Men's score</b>	<b>Top Individual</b>
2000	30	838	
2001	24	719	
2002	23	677	Sheaffer, Christopher - 91
2003	21	647	Sheaffer, Christopher - 43
2004	16	457	Sheaffer, Christopher - 24
2005	10	345	Sheaffer, Christopher - 23
2006	17	494	Bailey, Matthew - 58
2007	12	396	Williams, Samuel - 51