

## Juniata College Men's Outdoor Track and Field Top-5 All-Time Performance List

### 100m

Time	Athlete	Date	Meet
10.73	Anderson, Randy	4/29/06	Paul Kaiser Classic at Shippensburg
11.09	Falvo, Jason	4/19/97	Mason-Dixon Invitational at Gettysburg
11.12	Sier, Dustin	4/15/06	Bison Outdoor Classic at Bucknell
11.13	Mort, Ashley	5/4/01	MAC Championship at Messiah
11.18	Peppetti, Joel	3/28/98	Susquehanna Invitational

### 200m

Time	Athlete	Date	Meet
21.77	Anderson, Randy	5/7/05	MAC Championship at Widener
22.43	Mort, Ashley	5/5/01	MAC Championship at Messiah
22.50	Kenawell, Mike	4/18/98	Messiah Invitational
22.59	Falvo, Jason	4/5/97	Juniata Blue & Gold Invitational
22.80	Sier, Dustin	4/24/04	Dickinson Spring Classic

### 400m

Time	Athlete	Date	Meet
49.39	Wolfe, Nick	5/5/01	MAC Championship at Messiah
50.68	Kenawell, Mike	5/2/98	MAC Championship at Widener
50.81	Sweitzer, Kyle	5/3/96	MAC Championship at Moravian College
51.00	Gray, Jimmie	4/20/02	Mason-Dixon Invitational at Gettysburg
51.22	El-Zahhar, Khaled	4/29/00	Frostburg State University Invitational

### 800m

Time	Athlete	Date	Meet
<b>1:55.07</b>	<b>Rudolph, Tripp</b>	<b>5/8/09</b>	<b>Gator Invitational at Allegheny</b>
1:56.25	Kibler, Joe	1992	
1:56.78	Vella, Michael	5/5/06	MAC Championship at Widener
1:57.08	Hoover, Eric	5/5/06	MAC Championship at Widener
1:57.59	Fredette, Noah	5/4/02	MAC Championship at Susquehanna

### 1500m

Time	Athlete	Date	Meet
4:02.63	Hoover, Eric	4/26/08	Landmark Championship at Moravian
4:03.81	Vella, Michael	5/7/05	MAC Championship at Widener
4:03.91	Sheaffer, Chris	4/29/06	Paul Kaiser Classic at Shippensburg
4:04.23	Fredette, Noah	5/5/01	MAC Championship at Messiah
4:04.97	Rudolph, Tripp	4/26/08	Landmark Championship at Moravian

### 3000m

Time	Athlete	Date	Meet
<b>9:08.84</b>	<b>Parker, Ceth</b>	<b>4/4/09</b>	<b>Juniata Tri-Meet</b>
9:19.40	Hoover, Jason	4/4/07	Elizabethtown Pentangular
9:23.23	Rumery, Shawn	4/4/07	Elizabethtown Pentangular
<b>9:25.92</b>	<b>Williams, Samuel</b>	<b>4/4/09</b>	<b>Juniata Tri-Meet</b>
9:50.66	Moisnard, Sebastien	4/7/01	Juniata Blue & Gold Invitational

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**5000m**

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<b>Time</b>	<b>Athlete</b>	<b>Date</b>	<b>Meet</b>
15:21.02	Sheaffer, Chris	4/14/06	Bison Outdoor Classic at Bucknell
15:39.60	Williams, Samuel	3/22/08	Towson University Invitational
15:42.21	Chirdon, Michael	4/14/06	Bison Outdoor Classic at Bucknell
15:45.77	Bailey, Matthew	3/22/08	Towson University Invitational
15:46.94	Fritzius, Justin	3/25/06	Jim Taylor Invitational at Susquehanna

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**10,000m**

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<b>Time</b>	<b>Athlete</b>	<b>Date</b>	<b>Meet</b>
32:39.40	Sheaffer, Chris	3/31/06	Western PA Championship at CMU
33:24.90	Williams, Samuel	4/26/08	Landmark Championship at Moravian
33:31.44	Bailey, Matthew	3/29/08	Western PA Championship at CMU
33:39.83	Chirdon, Michael	5/5/05	MAC Championship at Widener
34:27.92	Schmitt, Steven	4/26/08	Landmark Championship at Moravian

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**110m Hurdles**

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<b>Time</b>	<b>Athlete</b>	<b>Date</b>	<b>Meet</b>
14.62	Lehr, Dusty	5/25/02	NCAA National Championship at St. Paul, MN
15.20	Prudenti, Dave	1993	
15.55	Breya, Timothy	4/27/08	Landmark Championship at Moravian
15.86	Modak, Mark	5/5/06	MAC Championship at Widener
15.94	Beas, Ben	3/30/02	Susquehanna Invitational

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**400m Hurdles**

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<b>Time</b>	<b>Athlete</b>	<b>Date</b>	<b>Meet</b>
52.67	McNelly, Bob	1979	
54.33	Breya, Timothy	5/9/08	Allegheny Gator Invitational
55.17	Lehr, Dusty	5/4/02	MAC Championship at Susquehanna
55.29	Frenay, Travis	5/6/00	MAC Championship at Widener
55.73	El-Zahhar, Khaled	4/30/99	MAC Championship at Messiah

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**3000m Steeplechase**

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<b>Time</b>	<b>Athlete</b>	<b>Date</b>	<b>Meet</b>
9:30.69	Fritzius, Justin	5/5/06	MAC Championship at Widener
9:34.49	Hoover, Jason	5/9/08	Allegheny Gator Invitational
9:45.0	Miller, Brett	1992	
9:47.57	Hoover, Eric	5/4/07	MAC Championship at Elizabethtown
<b>10:18.54</b>	<b>Klena, Nikolai</b>	<b>4/26/09</b>	<b>Landmark Conference Championship at Goucher</b>

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**4x100m Relay**

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<b>Time</b>	<b>Athlete</b>	<b>Date</b>	<b>Meet</b>
0:42.62	Ondecko, Beas, Booth, Anderson	5/7/05	MAC Championship at Widener
0:42.71	Ondecko, Sier, Booth, Anderson	5/6/06	MAC Championship at Widener
0:42.80	Gray, Morris, Mort, Lehr	5/4/02	MAC Championship at Susquehanna
0:43.05	Ondecko, Sier, Weber, Anderson	3/26/05	Jim Taylor Invitational at Susquehanna
0:43.16	Ondecko, Rudolph, Booth, Anderson	4/29/06	Paul Kaiser Classic at Shippensburg

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**4x400m Relay**

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<b>Time</b>	<b>Athlete</b>	<b>Date</b>	<b>Meet</b>
3:21.7	Coradetti, Perry, Koval, Slough	1972	
3:23.35	Mort, Wolfe, Frenay, El-Zahhar	5/6/00	MAC Championship at Widener
3:23.86	Haas, Wolfe, Fredette, Mort	5/5/01	MAC Championship at Messiah
3:25.25	Mort, Wolfe, Fredette, Beas	5/4/02	MAC Championship at Susquehanna
3:26.50	Gray, Wolfe, Beas, Mort	4/20/02	Gettysburg Invitational

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**Shot Put**

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<b>Metric</b>	<b>Imperial</b>	<b>Athlete</b>	<b>Date</b>	<b>Meet</b>
15.11	49 - 7.25	Perri, Gino	1986	
14.76	48 - 5.25	Long, Jon	4/11/98	Juniata Blue & Gold Invitational
14.72	48 - 3.5	Creuzberger, John	4/3/99	Carnegie Mellon Invitational
14.63	48 - 0	Long, Jason	5/4/96	MAC Championship at Moravian College
13.78	45 - 2.75	Moilan, Blake	5/4/96	MAC Championship at Moravian College

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**Discus**

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<b>Metric</b>	<b>Imperial</b>	<b>Athlete</b>	<b>Date</b>	<b>Meet</b>
47.36	155 - 4.75	Perri, Gino	1986	
44.85	147 - 2	Long, Jon	4/25/98	Dickinson Invitational
44.85	147 - 2	Shoenberger, Cal	1975	
41.68	136 - 9	Creuzberger, John	4/15/00	Bucknell Heptagonal
40.60	133 - 2	Cole, Ben	5/4/02	MAC Championship at Susquehanna

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**Javelin**

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<b>Metric</b>	<b>Imperial</b>	<b>Athlete</b>	<b>Date</b>	<b>Meet</b>
67.18	220 - 5	Perri, Gino	1985	
<b>64.80</b>	<b>212 - 7</b>	<b>Mazur, Kyle</b>	<b>5/9/09</b>	<b>Penn State Open at University Park</b>
<b>60.82</b>	<b>199 - 6</b>	<b>Drake, Dustin</b>	<b>5/9/09</b>	<b>Penn State Open at University Park</b>
59.78	196 - 1	Marshall, Mark	4/3/99	Carnegie Mellon Invitational
58.69	192 - 7	Kline, Josh	5/5/01	MAC Championship at Messiah

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**Hammer**

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<b>Metric</b>	<b>Imperial</b>	<b>Athlete</b>	<b>Date</b>	<b>Meet</b>
<b>46.15</b>	<b>151 - 5</b>	<b>Johnson, Ryan</b>	<b>4/26/09</b>	<b>Landmark Championship at Goucher</b>
<b>40.67</b>	<b>133 - 5</b>	<b>Boback, Jeremy</b>	<b>4/26/09</b>	<b>Landmark Championship at Goucher</b>
35.11	115 - 2.25	Khoshnevisan, Mohammad	4/16/05	Bison Outdoor Classic at Bucknell
34.93	114 - 7	Beideman, Tommy	4/19/08	Moravian Greyhound Invitational
<b>34.91</b>	<b>114 - 6</b>	<b>Cavender, Josh</b>	<b>4/4/09</b>	<b>Juniata Tri-Meet</b>

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**High Jump**

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<b>Metric</b>	<b>Imperial</b>	<b>Athlete</b>	<b>Date</b>	<b>Meet</b>
2.06	6 - 9.25	Bayer, Fritz	1992	
1.95	6 - 4.75	Loser, Adam	4/15/06	Bison Outdoor Classic at Bucknell
1.92	6 - 3.5	Lehr, Dusty	5/17/01	ECAC Decathlon Championship
1.82	6 - 0	Puskar, Matt	3/28/98	Susquehanna Invitational
<b>1.78</b>	<b>5 - 10</b>	<b>Bodziock, George</b>	<b>4/4/09</b>	<b>Juniata Tri-Meet</b>

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**Long Jump**

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<b>Metric</b>	<b>Imperial</b>	<b>Athlete</b>	<b>Date</b>	<b>Meet</b>
7.11	23 - 4	Booth, Matthew	5/22/08	NCAA Championship at Wisconsin Oshkosh
7.03	23 - 1	Rothenberger, Gene	1954	
7.01	23 - 0	Weber, Jeremy	5/18/05	Elizabethtown Last Chance Meet
6.78	22 - 3	Anderson, Randy	4/15/06	Bison Outdoor Classic at Bucknell
6.74	22 - 1.5	Ondecko, Gary	3/31/06	Western PA Championship at CMU

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**Triple Jump**

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<b>Metric</b>	<b>Imperial</b>	<b>Athlete</b>	<b>Date</b>	<b>Meet</b>
14.78	48 - 6	Biddle, Eric	1982	
13.65	44 - 9.5	Booth, Matthew	5/5/07	MAC Championship at Elizabethtown
13.32	43 - 8.5	Weber, Jeremy	4/20/02	Mason-Dixon Invitational at Gettysburg
13.25	43 - 5.75	Reppert, Wes	5/2/98	MAC Championship at Widener
13.17	43 - 2.5	Anderson, Randy	4/29/04	MAC Championship at Messiah

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**Pole Vault**

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<b>Metric</b>	<b>Imperial</b>	<b>Athlete</b>	<b>Date</b>	<b>Meet</b>
4.48	14 - 8.75	Zimmerman, Bob	1973	
4.41	14 - 6	Lehr, Dusty	5/3/02	MAC Championship at Susquehanna
<b>4.29</b>	<b>14 - 0.75</b>	<b>Baird, Ryan</b>	<b>4/4/09</b>	<b>Juniata Tri-Meet</b>
4.27	14 - 0	Miller, Shawn	4/26/03	Dickinson Spring Classic
<b>3.80</b>	<b>12 - 5.5</b>	<b>Schindler, James</b>	<b>4/25/09</b>	<b>Landmark Championship at Goucher</b>

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**Decathlon**

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<b>Score</b>	<b>Athlete</b>	<b>Date</b>	<b>Meet</b>
6477	Lehr, Dusty	4/5/02	TCNJ Decathlon
4320	Hucke, Michael	5/6/06	MAC Championship at Widener
4065	Filamore, Patrick	5/6/06	MAC Championship at Widener