



Douglas E. Hoover  
Assistant Coach  
1700 Moore Street  
Huntingdon PA 16652  
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June 17, 2009

Dear Coach,

Juniata College will host the 7<sup>th</sup> Annual *Eagle Cross Country Invitational* on Saturday, October 10, 2009. Your team is invited to compete. The meet will be held at Fort Roberdeau, Altoona, Blair County, Pennsylvania.

The course at Fort Roberdeau includes open fields as well as wooded trails, utilizing the existing nature trails surrounding the Fort. The course is spectator-friendly. Approximately half of the course is visible from the start/finish area. It includes a 2.5 km loop, which the high school competitors run twice. A feature of the course is the long gradual downhill approach to the finish.

The invitational features two collegiate races, two high school races, and one junior high race.

Twenty-three universities have competed here since the meet's inception in 2003:

Bucknell University	Juniata College	Saint Vincent College
Catholic University of America	Messiah College	Shenandoah University
Drew University	Montgomery College	Slippery Rock University
Elizabethtown College	Moravian College	Susquehanna University
Frostburg State University	Mount Aloysius College	Pitt Bradford
Geneva College	Penn State Altoona	Pitt Greensburg
Goucher College	Robert Morris University	Pitt Johnstown
Hagerstown Community College	Saint Francis University	

If you plan to bring your teams to compete, please return the enclosed entry form or email the requested information to me at [hooverd@juniata.edu](mailto:hooverd@juniata.edu) at your earliest convenience. I will then keep you posted regarding any meet developments.

Please contact me with any questions or if I can be of assistance to you in any way.

Sincerely,

*Douglas E. Hoover*

Douglas E. Hoover  
Assistant Track & Field and Cross Country Coach

# **2009 Eagle Cross Country Invitational**

## **Hosted by Juniata College**

- Where: Fort Roberdeau Historic Site, Altoona, Blair County, Pennsylvania
- When: Saturday, October 10, 2009
- Schedule: 7:00 AM: Team packets available for pick-up  
9:10 AM: Junior High Girls and Boys Race (2.5 km)  
9:45 AM: High School Girls (5 km)  
10:30 AM: Collegiate Men (7.5 km)  
11:15 AM: High School Boys (5 km)  
12:00 Noon: Collegiate Women (5 km)  
Awards: Following Collegiate Women's Race (~12:45 PM)
- Entry Fee: \$75.00 per team of four or more athletes. \$150 if entering both male and female teams.  
\$20.00 per individual if entering fewer than four individuals of one gender.  
Junior High and High School are separate teams. Make checks payable to "Juniata College".
- Awards: Awards will be presented to at least the top individuals and teams in each race as follows:  
Collegiate races: 10 individuals and winning teams  
Scholastic races: 15 individuals and winning teams  
Junior High races: 7 individuals and winning teams  
Awards may be increased from these minimums if the field sizes warrant such.
- T-Shirts: Eagle Invitational t-shirts will be on sale while supplies last.
- Facilities: There are no locker or shower facilities available at Fort Roberdeau.  
Port-a-Potties will be available at the course.
- Course: The course is moderately challenging and consists of open field (grass) and wooded trails. It is a 2.5 kilometer loop which the college women will run twice and the college men three times.
- Entry Procedures: (1) Return entry form as soon as possible.  
(2) Team roster and entry fee must be received by September 30, 2009.  
There will be absolutely no race-day entries.
- Hotels: There are numerous hotels in Altoona, PA. From there, it is a 25 minute drive to Fort Roberdeau.
- Scoring: Each team will be permitted to enter an unlimited number of runners. The top five finishers from each team will count toward their team's score and the next two will displace, as is standard. Subsequent finishers on each team will not count toward team scoring.
- Results: Each coach will be provided with a hard copy of the results at the completion of the races.  
Results will also be posted on the Juniata College website.
- Packet Pick-Up: Team packets (including race numbers, starting line positions, course maps, and final instructions) should be picked up later than 30 minutes prior to race time.
- The Fort: Tours of Fort Roberdeau will be available to anyone attending the meet (including spectators) at a reduced group rate on meet day. For information on the Fort, go to [www.fortroberdeau.org](http://www.fortroberdeau.org).
- Meet Director: Douglas E. Hoover, Assistant Track & Field and Cross Country Coach, Juniata College  
E-Mail: [hooverd@juniata.edu](mailto:hooverd@juniata.edu) Phone: (814) 832-2857 Fax: (814) 641-3508

**2009 Eagle Cross Country Invitational  
College Entry Form**

School: \_\_\_\_\_

Address: \_\_\_\_\_

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Womens Coach: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_ ( \_\_\_\_\_ )

*Guestimate* of number of women on team: \_\_\_\_\_

~~~~~  
Mens Coach: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_ ( \_\_\_\_\_ )

*Guestimate* of number of men on team: \_\_\_\_\_

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Sports Information Director: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_ ( \_\_\_\_\_ )

Fax Number: \_\_\_\_\_ ( \_\_\_\_\_ )

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**Please complete and return this entry form as soon as possible to:**

Douglas Hoover  
Assistant Track and Field and Cross Country Coach  
Juniata College  
1700 Moore Street  
Huntingdon PA 16652

You may also fax this information to (814) 641-3508 or email it to [hooverd@juniata.edu](mailto:hooverd@juniata.edu).

**2009 Eagle Cross Country Invitational  
College Women Team Roster**

Must be received by Wednesday, September 30, 2009

School: \_\_\_\_\_

	<u>Last Name</u>	<u>First Name</u>	<u>Year</u>
1	_____	_____	_____
2	_____	_____	_____
3	_____	_____	_____
4	_____	_____	_____
5	_____	_____	_____
6	_____	_____	_____
7	_____	_____	_____
8	_____	_____	_____
9	_____	_____	_____
10	_____	_____	_____
11	_____	_____	_____
12	_____	_____	_____
13	_____	_____	_____
14	_____	_____	_____
15	_____	_____	_____
16	_____	_____	_____
17	_____	_____	_____
18	_____	_____	_____
19	_____	_____	_____
20	_____	_____	_____

**List any additional women on a separate page and attach.**

**Please type or print neatly and return this roster, along with your entry fee, to:**

Douglas Hoover  
Assistant Track and Field and Cross Country Coach  
Juniata College  
1700 Moore Street  
Huntingdon PA 16652  
E-Mail: [hooverd@juniata.edu](mailto:hooverd@juniata.edu)  
Fax: 814-641-3508

# **2009 Eagle Cross Country Invitational College Men Team Roster**

Must be received by Wednesday, September 30, 2009

School: \_\_\_\_\_

	<u>Last Name</u>	<u>First Name</u>	<u>Year</u>
1	_____	_____	_____
2	_____	_____	_____
3	_____	_____	_____
4	_____	_____	_____
5	_____	_____	_____
6	_____	_____	_____
7	_____	_____	_____
8	_____	_____	_____
9	_____	_____	_____
10	_____	_____	_____
11	_____	_____	_____
12	_____	_____	_____
13	_____	_____	_____
14	_____	_____	_____
15	_____	_____	_____
16	_____	_____	_____
17	_____	_____	_____
18	_____	_____	_____
19	_____	_____	_____
20	_____	_____	_____

**List any additional men on a separate page and attach.**

**Please type or print neatly and return this roster, along with your entry fee, to:**

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