



Douglas E. Hoover  
Assistant Coach  
1700 Moore Street  
Huntingdon PA 16652  
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June 17, 2009

Dear Coach,

Juniata College will host the 7<sup>th</sup> Annual *Eagle Cross Country Invitational* on Saturday, October 10, 2009. Your team is invited to compete. The meet will be held at Fort Roberdeau, Altoona, Blair County, Pennsylvania.

This meet has featured teams from Pennsylvania, Maryland, Virginia, and West Virginia. Fifty-seven teams have competed here previously:

Allegany	Fannett-Metal	Northern Bedford
Baldwin	Forest Hills	Northern Cambria
Bedford	Geibel Catholic	Penns Manor
Bellefonte	Greensburg Central Catholic	Penns Valley
Bellwood-Antis	Homer Center	Philipsburg-Osceola
Berlin Brothersvalley	Huntingdon	Punxsutawney
Bishop Carroll	Indiana	Richland
Bishop Guilfoyle	J.E. Harrison Middle School	Rockwood
Bishop McCort	Jersey Shore	Saint Marys
Blairsville	Juniata Valley	Salisbury - Elk Lick
Brentwood	Kane Area	Shanksville-Stonycreek
Brookville	Kiski Area	Sherando
Canon-McMillan	Kiski School	Somerset
Central	Marion Center	Tussey Mountain
Central Cambria	McConnellsburg	Tyrone
Chestnut Ridge	Meadville	United
Curwensville	Meyersdale	West Branch
DuBois	Montoursville	Westmont Hilltop
Elkins	Mountain Ridge	Williamsburg

The course at Fort Roberdeau includes open fields as well as wooded trails, utilizing the existing nature trails surrounding the Fort. The course is spectator-friendly. Approximately half of the course is visible from the start/finish area. It includes a 2.5 km loop, which the high school competitors run twice. A feature of the course is the long gradual downhill approach to the finish.

The invitational features two collegiate races, two high school races, and one junior high race (open to students in grades 7-8). Each team will be permitted to enter an unlimited number of individuals in the races. The top five finishers from each team will count toward the team's score, and the sixth and seventh finishers will displace. Subsequent finishers from each team will not count toward the scoring.

If you plan to bring your teams, return the enclosed entry form or email the requested information to hooverd@juniata.edu immediately. The field size will be limited to thirty boys teams and forty girls teams. Any teams that competed here previously will be granted priority entry through July 15, 2009. Beginning on July 16, 2009, we will accept entries from new teams to fill the fields.

Sincerely,

*Douglas E. Hoover*

Douglas E. Hoover  
Assistant Track & Field and Cross Country Coach

# **2009 Eagle Cross Country Invitational**

## **Hosted by Juniata College**

- Where:** Fort Roberdeau Historic Site, Altoona, Blair County, Pennsylvania
- When:** Saturday, October 10, 2009
- Schedule:**
- 7:00 AM: Team packets available for pick-up
  - 9:10 AM: Junior High Girls and Boys Race (2.5 km)
  - 9:45 AM: High School Girls (5 km)
  - 10:30 AM: Collegiate Men (7.5 km)
  - 11:15 AM: High School Boys (5 km)
  - 12:00 Noon: Collegiate Women (5 km)
  - Awards: Following Collegiate Women's Race (~12:45 PM)
- Entry Fee:** \$75.00 per team of four or more athletes. \$150 if entering both male and female teams.  
\$20.00 per individual if entering fewer than four individuals of one gender.  
Junior High and High School are separate teams. Make checks payable to "Juniata College".
- Awards:** Awards will be presented to at least the top individuals and teams in each race as follows:
- Collegiate races: 10 individuals and winning teams
  - Scholastic races: 15 individuals and winning teams
  - Junior High races: 7 individuals and winning teams
- Awards may be increased from these minimums if the field sizes warrant such.
- T-Shirts:** Eagle Invitational t-shirts will be on sale while supplies last.
- Facilities:** There are no locker or shower facilities available at Fort Roberdeau.  
Port-a-Potties will be available at the course.
- Course:** The course is moderately challenging and consists of open field (grass) and wooded trails. It is a 2.5 kilometer loop which the college women will run twice and the college men three times.
- Entry Procedures:**
- (1) Return entry form as soon as possible.
  - (2) Team roster and entry fee must be received by September 30, 2009.  
There will be absolutely no race-day entries.
- Hotels:** There are numerous hotels in Altoona, PA. From there, it is a 25 minute drive to Fort Roberdeau.
- Scoring:** Each team will be permitted to enter an unlimited number of runners. The top five finishers from each team will count toward their team's score and the next two will displace, as is standard. Subsequent finishers on each team will not count toward team scoring.
- Results:** Each coach will be provided with a hard copy of the results at the completion of the races.  
Results will also be posted on the Juniata College website.
- Packet Pick-Up:** Team packets (including race numbers, starting line positions, course maps, and final instructions) should be picked up later than 30 minutes prior to race time.
- The Fort:** Tours of Fort Roberdeau will be available to anyone attending the meet (including spectators) at a reduced group rate on meet day. For information on the Fort, go to [www.fortroberdeau.org](http://www.fortroberdeau.org).
- Meet Director:** Douglas E. Hoover, Assistant Track & Field and Cross Country Coach, Juniata College  
E-Mail: [hooverd@juniata.edu](mailto:hooverd@juniata.edu) Phone: (814) 832-2857 Fax: (814) 641-3508

# **2009 Eagle Cross Country Invitational High School Entry Form**

School: \_\_\_\_\_  
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Girls Coach: \_\_\_\_\_

Home Address: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Home Phone Number: \_\_\_\_\_ ( \_\_\_\_\_ )

*Guestimate* of number of girls on team: \_\_\_\_\_  
~~~~~

Boys Coach: \_\_\_\_\_

Home Address: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Home Phone Number: \_\_\_\_\_ ( \_\_\_\_\_ )

*Guestimate* of number of boys on team: \_\_\_\_\_  
~~~~~

Athletic Director: \_\_\_\_\_

School Address: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

School Phone Number: \_\_\_\_\_ ( \_\_\_\_\_ )

School Fax Number: \_\_\_\_\_ ( \_\_\_\_\_ )  
~~~~~

Local Newspaper: \_\_\_\_\_

Phone Number: \_\_\_\_\_ ( \_\_\_\_\_ )

Fax Number: \_\_\_\_\_ ( \_\_\_\_\_ )

E-Mail Address: \_\_\_\_\_  
~~~~~

**Please complete and return this entry form as soon as possible to:**

Douglas Hoover  
Assistant Track and Field and Cross Country Coach  
Juniata College  
1700 Moore Street  
Huntingdon PA 16652

You may also fax this information to (814) 641-3508 or email it to [hooverd@juniata.edu](mailto:hooverd@juniata.edu).

**2009 Eagle Cross Country Invitational**  
**Junior High Entry Form (Open to students in grades 7-8)**

School: \_\_\_\_\_

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Girls Coach: \_\_\_\_\_

Home Address: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Home Phone Number: \_\_\_\_\_ ( \_\_\_\_\_ )

*Guestimate* of number of girls on team: \_\_\_\_\_

~~~~~

Boys Coach: \_\_\_\_\_

Home Address: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Home Phone Number: \_\_\_\_\_ ( \_\_\_\_\_ )

*Guestimate* of number of boys on team: \_\_\_\_\_

~~~~~

Athletic Director: \_\_\_\_\_

School Address: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

School Phone Number: \_\_\_\_\_ ( \_\_\_\_\_ )

School Fax Number: \_\_\_\_\_ ( \_\_\_\_\_ )

~~~~~

Local Newspaper: \_\_\_\_\_

Phone Number: \_\_\_\_\_ ( \_\_\_\_\_ )

Fax Number: \_\_\_\_\_ ( \_\_\_\_\_ )

E-Mail Address: \_\_\_\_\_

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**Please complete and return this entry form as soon as possible to:**

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You may also fax this information to (814) 641-3508 or email it to [hooverd@juniata.edu](mailto:hooverd@juniata.edu).

# **2009 Eagle Cross Country Invitational**

## **High School Girls Team Roster**

Must be received by Wednesday, September 30, 2009

School: \_\_\_\_\_

	<u>Last Name</u>	<u>First Name</u>	<u>Grade</u>
1	_____	_____	_____
2	_____	_____	_____
3	_____	_____	_____
4	_____	_____	_____
5	_____	_____	_____
6	_____	_____	_____
7	_____	_____	_____
8	_____	_____	_____
9	_____	_____	_____
10	_____	_____	_____
11	_____	_____	_____
12	_____	_____	_____
13	_____	_____	_____
14	_____	_____	_____
15	_____	_____	_____
16	_____	_____	_____
17	_____	_____	_____
18	_____	_____	_____
19	_____	_____	_____
20	_____	_____	_____

**List any additional girls on a separate page and attach.**

**Please type or print neatly and return this roster, along with your entry fee, to:**

Douglas Hoover  
Assistant Track and Field and Cross Country Coach  
Juniata College  
1700 Moore Street  
Huntingdon PA 16652  
E-Mail: [hooverd@juniata.edu](mailto:hooverd@juniata.edu)  
Fax: 814-641-3508

# **2009 Eagle Cross Country Invitational**

## **High School Boys Team Roster**

Must be received by Wednesday, September 30, 2009

School: \_\_\_\_\_

	<u>Last Name</u>	<u>First Name</u>	<u>Grade</u>
1	_____	_____	_____
2	_____	_____	_____
3	_____	_____	_____
4	_____	_____	_____
5	_____	_____	_____
6	_____	_____	_____
7	_____	_____	_____
8	_____	_____	_____
9	_____	_____	_____
10	_____	_____	_____
11	_____	_____	_____
12	_____	_____	_____
13	_____	_____	_____
14	_____	_____	_____
15	_____	_____	_____
16	_____	_____	_____
17	_____	_____	_____
18	_____	_____	_____
19	_____	_____	_____
20	_____	_____	_____

**List any additional boys on a separate page and attach.**

**Please type or print neatly and return this roster, along with your entry fee, to:**

Douglas Hoover  
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Juniata College  
1700 Moore Street  
Huntingdon PA 16652  
E-Mail: [hooverd@juniata.edu](mailto:hooverd@juniata.edu)  
Fax: 814-641-3508

**2009 Eagle Cross Country Invitational  
Junior High Girls Team Roster**

Must be received by Wednesday, September 30, 2009

School: \_\_\_\_\_

	<u>Last Name</u>	<u>First Name</u>	<u>Grade (7-8)</u>
1	_____	_____	_____
2	_____	_____	_____
3	_____	_____	_____
4	_____	_____	_____
5	_____	_____	_____
6	_____	_____	_____
7	_____	_____	_____
8	_____	_____	_____
9	_____	_____	_____
10	_____	_____	_____
11	_____	_____	_____
12	_____	_____	_____
13	_____	_____	_____
14	_____	_____	_____
15	_____	_____	_____
16	_____	_____	_____
17	_____	_____	_____
18	_____	_____	_____
19	_____	_____	_____
20	_____	_____	_____

**List any additional men on a separate page and attach.**

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Juniata College  
1700 Moore Street  
Huntingdon PA 16652  
E-Mail: [hooverd@juniata.edu](mailto:hooverd@juniata.edu)  
Fax: 814-641-3508

**2009 Eagle Cross Country Invitational**  
**Junior High Boys Team Roster**

Must be received by Wednesday, September 30, 2009

School: \_\_\_\_\_

	<u>Last Name</u>	<u>First Name</u>	<u>Grade (7-8)</u>
1	_____	_____	_____
2	_____	_____	_____
3	_____	_____	_____
4	_____	_____	_____
5	_____	_____	_____
6	_____	_____	_____
7	_____	_____	_____
8	_____	_____	_____
9	_____	_____	_____
10	_____	_____	_____
11	_____	_____	_____
12	_____	_____	_____
13	_____	_____	_____
14	_____	_____	_____
15	_____	_____	_____
16	_____	_____	_____
17	_____	_____	_____
18	_____	_____	_____
19	_____	_____	_____
20	_____	_____	_____

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