Upcoming Events

**Meal for CROP** – Has been rescheduled for March 24. There is still time to give up your meal for that evening. Want to help feed those in need? Please contact Katie with your ID number ([Shoemke12@juniata.edu](mailto:Shoemke12@juniata.edu)). Meals will then be sold to community members to enjoy an evening of dining out in Baker. CMB will be in Ellis during meals next week for sign-ups.

**Pasta Dinner** – Please join Campus Ministry for your pasta dinner on Tuesday, March 17 from 5:30-6:30 PM at Stone Church. RSVP by emailing [campusmin@juniata.edu](mailto:campusmin@juniata.edu) by Monday, March 16 at 2pm.

Liturgical Reflections

The forty days of Lent prepare believers to die and rise with Christ during the Three Days: Good Friday, Holy Saturday, and Easter. The annual Lenten retreat invites Christians to deeply reflect on what is sinful in our lives and what must die in order that the new life of Easter can be genuinely celebrated. The Homily is part of the Mass and is highly recommended. The Homily should be an explanation of some aspect of the readings from Sacred Scripture or any text from the Mass of the day, and should take into account both the mystery being celebrated and the particular needs of the listeners. The Church recommends a daily Homily on the weekdays of Lent. The Homily directs the Lenten retreat of baptismal renewal and penitential practices. It is appropriate for a brief period of silence to be observed after the Homily.

The General Instruction of the Roman Missal, Numbers 65 and 66.

2015, Diocese of Altoona-Johnstown, Liturgy Office, 925 South Logan Blvd, Hollidaysburg, PA 16648

Power of the Word

“Never, ever think that God is through doing great things through you.”

~Charles R. Swindoll

March 8

**Jn 2:13-25**

Today’s gospel says Jesus chased the merchants out of the temple, it doesn’t say he was angry. Jesus teaches us to act from conviction and not from anger. He didn’t condemn the merchants, only their business practices. Attack the behavior and not the person.
Sunday Mass Schedule
Most Holy Trinity Catholic Church
Sixth and Washington Streets
814-643-0160

Saturday: 5:00 pm
Sunday 8:00 am and 11:00 am
The times for weekday Masses vary from day to day. If you would like to know the times, please call the church at the above number.

The webpage for Most Holy Trinity has numerous resources and links for those seeking information on the Catholic faith or doing research for a class.
Check out www.mhtcc.org

Sacrament of Reconciliation
Available upon request at Juniata College.
Contact Fr. David to set up a time: also available at Most Holy Trinity.

Mass Intentions
If you would like to schedule an intention for Mass in memory of a deceased loved one or to pray for someone who is sick or infirm, contact the Campus Ministry Office. A $10 donation is requested.

Finding Strength in Faith
By Judy Esway

Can we expect to grieve differently because of our faith in the resurrection? My experience as a hospice chaplain and bereavement counselor tells me yes, but don’t expect the pain to be less intense.

Grief includes intense emotions sadness, and sometimes depression. But our hope in the resurrection and reuniting with loved ones can hedge against despair. That’s the difference. The very definition of despair is “hopelessness.”

Grieving isn’t a sign of despair, not is it inconsistent with being strong and having faith. Grief is the natural consequence of love: the greater our love, the greater our grief. Would we have it any other way? Would we build barriers to love so it won’t hurt in the end? C.S. Lewis writes “The pain now is part of the happiness then. That’s the deal!”

The other side of love is pain, and we can’t do a thing about it. It hurts when loved ones die. Grief is the normal response to loss. So go ahead and cry. Tears are good healing, precious to God, and never wasted. “Are my tears not stored in your flask, recorded in your book?” —(Psalm 56:9).

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There will be no Catholic Counsel meeting on Monday.

Think Spring
Think Sunshine
Think Rest
Think Positive
Think
Enjoy break – safe travels