√ Things to Bring to Camp

- [ ] Shorts
- [ ] Socks
- [ ] Sneakers
- [ ] Knee Pads
- [ ] T-shirts
- [ ] Snacks
- [ ] Fan
- [ ] Linens
- [ ] Sunscreen
- [ ] Water Bottle

Session One: Defense
End with 6 v. 6

Session Two: Passing
End with 6 v. 6

Session Three: Attacking
End with 6 v. 6

Session Four: Serving
End with 6 v. 6

Session Five: Ball Control
End with 6 v. 6 and Four’s Tournament

Session Six: Transition Offense
End with 6 v. 6

Session Seven:
6 v. 6 Tournament

Positions Camp
July 25–27
2016 Women’s Volleyball Positions
Camp Registration Form

Weekend Resident $290
Commuter $260

$25 of deposit is nonrefundable for cancellations. No refund if canceled within 14 days of camp start date.

Name: ____________________________
Address: ____________________________
City: ________________________________
State: __________________ Zip: __________
Phone: (_______) _____________________
Cell Phone: (_______) __________________
E-mail: ____________________________
Grade in September ’16: ________________
Age: ________________________________
Emergency Phone Number: (_______) ________________
School Name: _________________________
Special Needs: _______________________

Shirt Size (Circle one): Adult: S M L XL

Signatures on this registration form signify each parent or guardian has read, understands and abides by this information. I release and discharge Juniata College, and workers and employees, from all action, suits and demands whatsoever in law or in equity, including, but not limited to, the risk of injury from participating in camp and the risk of loss of personal property by theft or otherwise. I give permission to workers and employees to treat injuries sustained in camp and to assist participants. By signing this release, I understand and consent that my child(ren)’s photographs may be displayed in promotional media to be viewed by the general public. I consent to such uses and hereby waive all rights to compensation and any right to inspect or approve the finished product image, regardless of format.

Parent’s Name: ____________________________
Parent’s Signature: ____________________________

Medical Insurance Carrier: ____________________________
Policy Number: ____________________________

Please submit registration and deposit a month prior to camp.

Mail registration form and check to: Juniata College
Conferences and Events
1700 Moore Street
Huntingdon, PA 16652

Please make checks payable to Juniata College.

*Please make a copy of this registration form for each player on your team that may be interested in the camp or visit www.juniata.edu/camps-volleyballpositions to print out additional forms or register online.

Women’s Volleyball Positions Camp

Program: Our philosophy is to teach the basic individual skills of volleyball in-depth through a system of organized and broken down instruction. In addition, we will address the major components of team play through 4-on-4 and 6-on-6 drills, keeping in mind sportsmanship and positive attitudes. This camp is for high school aged women who want to improve their level of play and get better at specific or all skills. We will focus and break down each skill and focus only on that skill in each session followed by six, 6-on-6 play. We are committed to improving each individual who attends this camp.

Grades 9–12
Registration: July 25 at 10:30 a.m.
First Session begins at 1 p.m.
Last Session ends July 27 at 3:30 p.m.

Any questions regarding a camp should be directed to Conferences and Events: 814-641-3604 or events@juniata.edu

Coach Casey Dale

Casey Dale ’07 will enter his third season as assistant coach. Prior to 2014, he spent five seasons as the head coach of the Pioneers and two seasons as the women’s assistant at Washington and Lee University.

At Transylvania University, Casey finished his first season in seventh in the Heartland Collegiate Athletic Conference (HCAC) before leading the program to its first ever league title in 2010 and repeating in 2011 and 2012. He was named HCAC Coach of the Year in 2010 and was twice a recipient of the American Volleyball Coaches Association (AVCA) Thirty Under 30 award that recognizes the top 30 coaches in the country under the age of thirty, in 2010 and 2011.

The 2007 graduate served as a student-assistant with Juniata women’s team for two years including the teams’ second NCAA Division III National Championship in 2006.

During Dale’s time with the Pioneers he coached 19 players to All-HCAC honors, seven All-Freshman HCAC team members, and the 2010 HCAC Defensive Player of the Year. The team accumulated an overall record of 103-65 under Dale’s tutelage and an HCAC record of 34-11. Dale also served as a physical education coach in both weight training and volleyball at Transylvania and Washington and Lee.

Coach Heather Pavlik

After her fifth season as the head coach of the Juniata College women’s volleyball program, Heather Pavlik ’95 has amassed an impressive 111-33 overall record. Since taking over the helm from mentor Larry Bock, the winningest coach in Div III women’s volleyball, Pavlik has extended the Eagles’ all-time winning streak in Landmark Conference play to 55-0. In 2014, the Eagles won their eighth consecutive Landmark Conference title and made their 34th NCAA Tournament appearance.

Pavlik and her staff were also named the Landmark Conference Coaching Staff of the Year and Juniata placed six players on the All-Conference Team. Amelia Kepler was named Player of the Year, Megan Moroney was named Rookie of the Year, and Britanni Young was named Specialist of the Year. Four Eagles also earned AVCA All-Region honors and three earned AVCA All-America Honorable Mentions.

During her tenure with Juniata women’s volleyball, the Eagles have produced 26 AVCA All-Americans with a total of 45 All-American certificates.