

JCFH Program Accomplishments Under Coach Gillich

**2007 and 2008
Landmark Conference Champions**

2004 and 2006 NCAA Tournaments

2002 and 2003 ECAC Tournaments

- 5 – National All Americans
- 16 – Regional All Americans
- 1 – National Rookie of the Year
- 37 – All Conference Players
- 3 – Conference Rookies of the Year
- 4 – Conference Tournaments
- 3 – Player of the Year

Typical Daily Schedule

7:30–8:15	Breakfast
8:45–11:15	Warm up/Skills Instruction
11:30–12:30	Swimming (Optional)
12:00	Lunch
1:00	Free Time
2:00–4:15	Warm up/Skills Instruction
4:30–5:15	Dinner
6:00–8:00	Warm up/Games
9:00–11:00	Movies/Special Program
11:00	Lights Out

✓ Things to Bring to Camp

- | | |
|--|---|
| <input type="checkbox"/> Shorts | <input type="checkbox"/> Fan |
| <input type="checkbox"/> Socks | <input type="checkbox"/> Linens |
| <input type="checkbox"/> Sneakers | <input type="checkbox"/> Sunscreen |
| <input type="checkbox"/> Water Bottle | <input type="checkbox"/> Hockey Stick |
| <input type="checkbox"/> Snacks | <input type="checkbox"/> Shin Guards/Mouthguard |
| <input type="checkbox"/> T-shirts
(bring extra) | <input type="checkbox"/> Swimming Gear
(including towel) |

**JUNIATA
COLLEGE**
1700 Moore Street
Huntingdon, PA 16652



Field Hockey Camp

July 12–15, 2009



Field Hockey Camp



Coach Caroline Gillich

Program: Juniata's Field Hockey camp is kept intentionally small, focusing on individual needs for improvement. This camp challenges players on every ability level. Coaches cover all phases of field hockey, emphasizing development of strong basic skills, technique and understanding of the game. The camp offers specialized training for goalkeepers, beginners, intermediate and elite field players. Space is limited to the first 50 resident campers.



Facilities: Few colleges have a more attractive campus than Juniata. The 100 acres on College Hill provide a magnificent atmosphere and safe environment. Campers are housed in one of the residence halls on campus and have access to all the amenities in the residence hall.

The camp will utilize one of the many playing fields on campus. The intramural gym and mezzanine areas as well as the mat room will be available in case of inclement weather.

Additional facilities available include an indoor swimming pool, a fitness center and game room.



Biography: Over ten years as head coach of the Juniata field hockey team, Caroline Gillich holds a record of 113–85 and has guided Juniata to the only three NCAA Tournament berths in the program's history. Juniata reached the NCAA Tournament for the third time in 2007, as Landmark Conference Champions, after compiling the winningest season in its history with a record of 21–3. Gillich's teams have reached postseason play in either the conference, NCAA or ECAC postseason in five seasons. During her tenure the Blue and Gold have earned the first All-America honors in the field hockey program's history, and have also had a player capture both Commonwealth Conference and Landmark Conference Player of the Year recognition.



Gillich is a firm believer in teaching the team game, and is always informed with the newest techniques and skills of the game. In 2002 she was a Clinician for the NFHCA and in 2003 she spoke at the NFHCA Convention. She has Division I coaching experience with William & Mary, has assisted with the Nike Sports Leadership camps and is a coach for the USFHA Futures program.

Coach Gillich can be reached at: gillicc@juniata.edu.

2009 Juniata College Field Hockey Summer Camp Registration Form

- Commuter w/Meals \$220 Resident \$295
- *A \$25 non-refundable Deposit is due prior to camp to reserve a spot in the camp.

Name: _____
 Address: _____
 City: _____
 State: _____ Zip: _____
 Phone:(_____) _____
 Cell Phone: (_____) _____
 E-Mail: _____ Age: _____
 Grade in September '09: _____
 Position: _____
 Emergency Phone Number: (_____) _____
 School: _____
 School Coach: _____
 Roommate Preference (if applicable): _____
 Special Needs: _____

Shirt Size (Circle one): Youth: L Adult: S M L XL

Signatures on this registration form signify each parent or guardian has read, understands and abides by this information. I release and discharge Juniata College, and workers and employees, from all action, suits and demands whatsoever in law or in equity, including, but not limited to, the risk of injury from participating in camp and the risk of loss of personal property by theft or otherwise. I give permission to workers and employees to treat injuries sustained in camp and to assist participants.

Parent's Name: _____
 Parent's Signature: _____
 Medical Insurance Carrier: _____
 Policy Number: _____

Please submit registration and deposit a month prior to camp.

Mail Application Form and Check to:
 Juniata College
 Conferences and Events
 1700 Moore Street
 Huntingdon, PA 16652

Please make checks payable to Juniata College.

Any questions regarding a camp should be directed to Conferences and Events at: (814) 641-3604 or events@juniata.edu

***Please make a copy of this registration form for each player on your team that may be interested in the camp or visit <http://www.juniata.edu/services/conferences> to print out additional forms or register online.**