

**2008 Huntingdon County  
Fitness Challenge Agreement**

I, \_\_\_\_\_, agree to volunteer to be part of the Juniata College Fitness Challenge.

I will be honest in recording my minutes of activity.

I will provide encouragement to myself and others who may benefit from taking care of themselves.

\_\_\_\_\_  
Participant

\_\_\_\_\_  
Date

Extension at work

\_\_\_\_\_