Upcoming Events

Liturgical Minister training – For all new Liturgical Ministers or those interested in volunteering. Training will be on Sunday, Feb. 8 immediately following Mass.

Pasta Dinner – Wed., Feb 11 at Stone Church from 5:11-6:11 pm – Please note the change of time. Join Campus Ministry for our 1st pasta dinner of the semester. Please RSVP to campusministry@juniata.edu so we have an accurate count.

Meditation - February 11 5 p.m. sitting, walking meditation. All meditators are welcome to attend PASTA NIGHT and practice Mindful Eating: First 10 minutes eat in silence. Find the sun, clouds, rain in each item on your plate. Be grateful. Contact: Rev. Carole Baker, (814) 259-0161.

Beyond Tolerance: The Five Reasons Why We Haven’t Cured Racism (and the Five Ways We Can) – Feb 11 in Sill Boardroom (2 sessions – 3pm & 7pm). In this talk, Dr. Staples provides an overview of the primary indicators society relies on to verify the absence the racism and explains why these indicators are misleading. She also presents alternative methods to eliminating racism (which, in her research, is understand as a type of sociocultural cancer). Participants will be given practical methods to tackle these issues in various types of interpersonal and social situations, ranging from classrooms to boardrooms.

Spaghetti Dinner Benefit - Most Holy Trinity Social Concerns Committee is hosting a Valentine’s Day Dinner on Sat. Feb. 14 from 6-7:30 pm. Proceeds benefit St. Joseph in Lalomas Haiti.

Liturgical Minister Schedule
Feb. 8, 2015

Set-up: David Paul
Hospitality: David Paul
            Cameron Westerlund
Lectors: 1st – Lindsey Kosicki
          2nd – Kim Proenca
          3rd – Erik Krueger
Cantor: Theresa Uniacke
Pianist: James Fogle

We need your help Volunteer to Serve

Do you like to serve others but don’t have a lot of time? Is volunteering important to you? Then join the Liturgical Ministry Team. We are always looking for individuals to help us carry the load with Mass service. We are in need of Cantors, Musicians (especially piano accompaniment), Eucharistic Ministers, Ministers of Hospitality, Lectors and Set-up crew.

Training will be on Sunday, Feb. 8 immediately following Mass.
Sunday Mass Schedule

Most Holy Trinity Catholic Church
Sixth and Washington Streets
814-643-0160

Saturday: 5:00 pm
Sunday: 8:00 am and 11:00 am
The times for weekday Masses vary from day to day. If you would like to know the times, please call the church at the above number.

The webpage for Most Holy Trinity has numerous resources and links for those seeking information on the Catholic faith or doing research for a class. Check out www.mhtcc.org

Sacrament of Reconciliation
Available upon request at Juniata College.
Contact Fr. David to set up a time: also available at Most Holy Trinity.

Mass Intentions
If you would like to schedule an intention for Mass in memory of a deceased loved one or to pray for someone who is sick or infirm, contact the Campus Ministry Office. A $10 donation is requested.

February 8
Mk 1:29-39

Jesus went to the “house of Andrew and Simon” to relax but discovered that Simon’s mother-in-law was very ill. Like Jesus we come home to relax but are confronted with problems. Take a tip from Andrew and Simon who “told Jesus about it at once.”

Liturgical Reflections

Among those things assigned to the Priest, the prime place is occupied by the Eucharistic Prayer, which is the high point of the whole celebration. Next are the orations, the Collect (Opening Prayer), the Prayer over the Offerings, and the Prayer after Communion. These prayers are addressed to God by the Priest who presides over the assembly in the person of Christ, in the name of the entire holy people and of all present. Hence they are rightly called the “presidential prayers.” The General Instruction of the Roman Missal, Number 30.

2015, Diocese of Altoona-Johnstown, Liturgy Office, 925 South Logan Blvd, Hollidaysburg, PA 16648

Power of the Word

“Life is too short to experience everything, but the human heart is big enough to resonate with everything that any other human heart has experienced.”

~David Steindl-Rast

Mark your Calendar now for our Ecumenical Ash Wednesday Service at Stone Church of the Brethren on Wednesday, February 18 at 5:30 PM.

Catholic Council
Join us for our weekly meeting on Mondays at 5:30 pm in meeting in BAC room C212. Connect with us on Facebook – Juniata College Catholic Council
**Patience-Even the Holy can be Impatient**

“Perhaps there is only one cardinal sin: impatience. Because of impatience we were driven out of Paradise because of impatience we cannot return.” - W. H. Auden

Impatience isn’t found only in our time. It is a uniquely human trait following in the steps of our ancestors, right back to the very beginning. It could be argued that impatience led to the fall of Adam and Eve. They didn’t even wait for their usual evening walk with God to ask Him about the serpent’s lies. They just grabbed the fruit and ate. Some scholars think that eventually God would have allowed them to eat from the tree, but that they (the fruit) simply weren’t ready yet.

The Bible is full of stories of God moving much more slowly than people would like, often forcing patience when it doesn’t make sense. Abraham and Sarah were far past childbearing age before God promised them a son. Moses was 40 years old when he fled to the desert and spent another 40 years as a shepherd before he saw the burning bush.

Often, these same stories show us forced patience on one hand and human impatience on the other. Abraham’s wife Sarah, for instance, grew impatient because it took her 25 years to conceive the son, Isaac, that God had promised her. During that long wait, she gave her maid to Abraham as a surrogate, which began a cascade of jealousy and hurt. In Moses’s case, the Hebrews wandering in the desert were continually impatient for an easier life. Leading Moses to be equally impatient with God. This led to them wandering the desert for 40 years without ever being allowed into the Promised Land.

“It is better to be patient than powerful. It is better to win control over yourself than over whole cities.” - Proverbs 16:32

Dear Lord, forgive my impatience. Help me to be more patient in all circumstances and to know that You are with me in the trials of daily life. Amen.

~ Christopher News Notes 12 East 48th St. New York, NY 10017

---

**ASH WEDNESDAY IS FEB. 18**

**BEST LENT EVER**

**LENT ISN’T ABOUT CHOCOLATE.**

**IT’S ABOUT TRANSFORMATION...**

**FROM DYNAMIC CATHOLIC AND MATHEW KELLY**

**WHAT IF YOU COULD DO SOMETHING LIFE-CHANGING?**

What if you could look back on Lent 2015 and say that was my best Lent ever?

This Lent we invite you to join America’s best-selling Catholic author Matthew Kelly for our free email program, “Best Lent Ever.”

Each week you will receive short videos and inspiration from Matthew that explore the genius of Catholicism and help you become the-best-version-of-yourself.