SUMMER ORIENTATION 2015

Class of 2019
WHO THEY ARE (JC)

• Good Students
  o High school grade point average – 3.7
  o Class of 2019: 390 students

• Sex
  o Female 58%
  o Male 42%

• Geography
  o States 26 plus D.C. and Puerto Rico
  o Countries 15

• ALANA
  o 12.9%

Freshman Profile, Class of 2019
WHO THEY ARE (JC)

• Confident
• Driven to Succeed
• Hard-working
• Cooperative
• Creative
• Civic-minded
  o Community Service and Volunteer Programs
• Healthy
  o Athletics (36%)
WHO THEY ARE (JC)

• Not typically youth of great privilege
  - 90% public schools
  - Large number from modest/middle income backgrounds
  - Relatively high percentage are first-generation college (30%)

• Aren’t party animals

• Aren’t mean-spirited or malicious
Hashtag - MILLENNIALS

  - Special
  - Sheltered
  - Confident
  - Team-oriented
  - Achieving
  - Pressured
  - Conventional

Source: Howe and Strauss (2000)
DEFINING ISSUES/MOMENTS

- 70’s Viet Nam and Civil Rights
- 80’s Challenger and Cold War tensions
- 90’s World Wide Web and End of Cold War
- 2000’s – Sept. 11, 2001 (most about 4 years old)
- The Economy and Social/Equity issues
Unforeseen financial risks

- Sudden loss of income 72%
- Uncovered medical costs 63%
- Illness & disability 65%
- Having enough $ to buy a home and pay off debt: (student loans)
- Having enough $ for their children’s education

Neil Howe, “Millennials Want More Than Just a Paycheck”
MILLENNIALS

“GENERATION OF PARADOX”
- Sheltered...yet pressured.
- Self-absorbed...yet generous.
- Social...yet isolated by technology.
- Adventurous...yet protected.
- Team-oriented...yet diverse.
- Visionary...yet vacillating.
- High achievement...yet high maintenance.

WHO THEY ARE (modern student)

Within the last year, have you ever...

Felt Things were Hopeless 65.4%
Felt Very Lonely 75.1%
Felt Very Sad 77.0%
Felt Overwhelmed 89.4%

American College Health Association: National College Health Assessment, Spring 2013
WHO THEY ARE (modern student)

- Percentage of students functionally impaired by depression: 42%
- Percentage of students overwhelmed by anxiety: 65.5%
- Percentage of students who have felt overwhelming anger: 58.8%
- Percentage of students who considered suicide: 10%

American College Health Association: National College Health Assessment, Spring 2013
WHO THEY ARE (modern student)

- % of Students Taking Psychiatric Meds
  - 1994: 9%
  - 2000: 17%
  - 2003: 20%
  - 2013: 25%

International Association of Counseling Services, Inc.: National Survey of Counseling Center Directors, 2013
Increasing Demands on College Counseling Centers

- Crisis issues requiring immediate response 73%
- Psychiatric medication issues 67%
- Learning disabilities 60%
- Alcohol Abuse 34%
- Illicit Drug Use (other than alcohol) 48%
- Self-injury issues 41%
- On-campus Sexual Assault 33%
- Eating Disorders 24%

National Survey of Counseling Center Directors, 2013
WHO YOU ARE

Characteristics of Millennial Parents

• Failure to “cut the cord”
• Want their children to have perfect experience
• Consumer perspective
• Take great personal satisfaction from their children’s successes
• Want to be part of their children’s experiences

NASPA Webcast
Transition

- Leaving Home
- Roommate
  - Room change moratorium
- Group Living – life style adjustments
  - Mediation/Conflict Resolution
- Time to Act Independently (empower self-reliance)
- Boyfriend/Girlfriend
Hindrances
(things that get in the way)

• Time Management
  o Academic Demands
  o Traditions and the Co-curriculum

• Stress & Anxiety
  o “My high school stunk!”
  o Fear of Failure
  o “Overwhelm”
  o Special Needs
  o Shyness factor

• Internet use/gaming/texting
ATTRITION (why they drop out)

- Homesick
- Unprepared for increased academic workload
- Poor time management skills
- Poor study habits...often without realizing they are poor
- Mental Health issues that go untreated
ATTRITION (why they drop out)

• Went to college because it was expected – not because they truly had the desire to attend
• Not prepared to leave home and live independently
• Failure to form at least one meaningful relationship
• Their parents readily accepted their decision to return home rather than challenge them to see if there was a better course of action.
SEX, DRUGS AND ROCK ‘n ROLL: RISK!

- Alcohol
  - Binge Drinking
  - CORE Survey results
  - AlcoholEDU and Haven
- Other controlled substances
- Hooking Up
- Sexual Harassment/Sexual Assault/Title IX
- Disciplinary process – FERPA – suspension-level issues
NOVICE ADULTS

• Emotional Independence/Financial Dependence
• I’ve decided I am not going to be a doctor
  o Career Planning is a Process
• I have confidence in you...you’re better than that.
Who We Are

• Juniata's mission is to provide an engaging personalized educational experience empowering our students to develop the skills, knowledge and values that lead to a fulfilling life of service and ethical leadership in the global community.
The Student Affairs Staff works with and supports the faculty to provide conditions that promote learning and personal development. Specifically, Student Affairs Staff works to create a safe learning environment which offers opportunities for students to be involved in activities and programs; an environment free from harassment; an environment that values and supports diversity; and a community in which individuals treat one another with civility, respect and compassion.
Student Affairs at JC

• Guiding principles for student affairs staff include:
• Offering opportunities in all aspects of campus life.
• Expecting and encouraging student leadership and participation in campus governance.
• Recognizing and affirming students’ potential and achievements.
• Empowering students’ self-confidence and self-reliance
Bill Phillips – Nobel Prize

- [Link](https://www.youtube.com/watch?v=i-iqyfJlmlA&feature=youtu.be)

- 7:46 – 14:01
Creativity/Talent

- https://www.juniata.edu/alumni/almamater.swf
Friendly Advice

• Visit (but not too often)
• Communicate (but not too often)
• Expect Change – it’s good!
• Trust Them/Listen, don’t lecture!
• Parent-Child and Adult-Adult